



REPORT ON HEALTH CAMPS FOR INTEGRATED SEXUAL REPRODUCTIVE HEALTH ACTIVITIES HELD IN KOBOKO DISTRICT



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Presented to:

The District Health Officer Koboko cc. Reproductive Health Uganda

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Acronyms

AIDS	Acquired immune deficiency syndrome
CENU	Community Empowerment Network Uganda
HCT	HIV Counseling and Testing
HIV	Human Immunodeficiency Virus
PLWHAs	People Living with HIV/AIDS
STD	Sexually transmitted diseases
STI	Sexually transmitted infection
SMC	Safe male circumcision
HEPT. B	Hepatitis B infection
FP	Family Planning
SRH	Sexual Reproductive Health
CAX	Cancer of Cervix
POP	Progestin Only Pills
COC	Combined Oral Contraceptive
IUD	Intra Uterine Device

Acknowledgement

Community Empowerment Network Uganda (CENU) would wish to appreciate Reproductive Health Uganda and Hon. Margret Babadiri, the woman Member of Parliament Koboko district, our key partners during the implementation of the Integrated Sexual Reproductive Health activities in Koboko District.

Special thanks also go to the following;

- Chief Administrative Officer Koboko
- District Health Officer Koboko
- Spirit Fm Koboko staff
- The health unit in charges and staff of Lobule, Lurujo and Dranya Health Centers
- Village Health Team members in the above areas
- The head teachers, teachers and pupils of Lurujo and Mt. Liru Primary schools

1-Introduction:

CENU is a national, non-for-profit, non- governmental organization (NGO) implementing an integrated community development approach in four (4) core intervention areas of:

- Community Health and HIV/AIDS
- Emergency & Humanitarian Response
- Sustainable Livelihoods for (Children, Youth, Women, Older Persons including people with disabilities)
- Environment & Natural resources with silent interventions in Education, Preservation of Culture & cultural heritage, Human rights and Good governance in West Nile region

The CENU team comprised of qualified personnel with vast and long experience in the above intervention areas mentioned for holistic service delivery

The purpose of the medical camp was to scale up an integrated Sexual Reproductive Health Services in West Nile covering modern family planning services coupled with Cervical and Prostate cancer screening , post abortion care, Hepatitis B screening & vaccination, HIV counseling & testing and other medical services to communities in West Nile region.

The health camp was implemented in partnership with the Reproductive Health Uganda Arua branch with financial support from the woman member of parliament Koboko district.

The key **objectives** of SRH services included;

- To provide free modern family planning services
- To provide free cervical cancer screening
- To provide free post abortion care
- To provide free hepatitis screening, testing and vaccination
- To provide free HIV/AIDS counseling and testing services
- To provide health information on some of the communicable and none communicable diseases.

2- The Planned Activities were:

The following were the planned activities carried out during the course of the camps.

- Sensitization of community on the various health issues.
- Screening of cervical and prostate cancer.
- Provision of modern family planning services
- Provision of HIV/AIDS counseling and testing
- Provision of Hepatitis B counseling and testing.
- Education & distribution of male and female condoms.
- Make Referrals and follow up of HIV, Hepatitis B, Cervical Cancer positives
- Monitoring of activities and Reporting.

3 Achievements

Below are the achievements attained during the implementation of Sexual Reproductive Health activities in Lobule and Dranya Sub Counties in Koboko district.

3.1 Community Health sensitization

During the month of September 2017, CENU sensitized the community of Lobule, Lurujo and Dranya all found in Lobule and Dranya Sub Counties in Koboko district. During the health awareness, a total of over 1000 community members were sensitized on various health issues. The sensitization focused on consequences of risky behaviors and practices including poor health seeking behaviors that exist in our community. The community members were sensitized on the advantages of early and timely health seeking behaviors that help to:

- Early identification and treatment of ailments
- Reduce expense on treatment and time in the hospital
- Reduce communicable and none- communicable diseases that are great problems in our communities.
- Reduce death cases

The CENU Health and HIV/AIDS program officer challenged the community to adapt positive and early health seeking behaviors in order to live long



CENU/RHU program officers sensitizing the community members in Koboko district during the Health Camps.

3.2 HIV counseling and testing

During the month of September 2017 the community members in Lobule, Lurujo and Dranya were able to access the free HIV counseling and testing services taken near to them. A total of 178 people were voluntarily counseled and tested during the outreach, 50 males and 128 females and 1 person tested HIV positive. The below tables 1.0 shows the details.





HIV counseling and testing services at the CICO project clinic.

Table 4.0 showing results of overall total of HIV testing in the 3 health centers.

SEX	NON REACTIVE	REACTIVE	TOTAL
FEMALE	127	1	128
MALE	50	0	50
TOTAL	178	1	178

3.3 Hepatitis B counseling & testing services

Hepatitis B infection is still a very big problem in Uganda and more so in West Nile region. Many people continue to get the infection due to low awareness; care & support including treatment which remains a challenge to the vulnerable community that cannot afford some of the tests like viral load and referral to the regional hospital for further management. Hence more people continue to die silently with the

disease increasing the infection rate. During the outreach carried out in Koboko district in the health centers of Dranya H/C111, Lurujo H/C11 and Lobule H/C111 many community members turned up to access the service the was provided free of charge. The table below shows the result of the service.



Table2.0 showing results of overall total of Hepatitis B testing in the 3 health centers.

SEX	NON REACTIVE	REACTIVE	TOTAL
FEMALE	62	5	67
MALE	32	2	34
TOTAL	94	7	101

3.4 Cervical Cancer Screening

Cancer of cervix continues to be one of the silent health problems among the women and men in many parts of the country. Many women in West Nile are at high disadvantage due to inadequate information and distance to the centers where cancer screening is provided since most health facility workers cannot offer the service since they are not trained in cancer screening. This there means that those in need of the service have to travel long distance to get help.



Cancer screening services during SRH outreach to Koboko district.

Table 3.0 Results of Cancer of cervix screening to the community of Lobule, Lurujo and Dranya health centers in Koboko district on 27 to 29 September 2017

Sex	Negative	Positive	Total
Female	289	0	289
Male	0	0	0
Total	289	0	289

3.5 Family Planning counseling & provision

Family planning service still remains one of the most essential services that the community need. In many communities, people have low information and knowledge on FP services which continues to hinder FP services. During the health camp in the 3 health units, community members turned up in big numbers to access the different services provided. This therefore means that communities are real in need of service. The table below shows the details of the different FP methods that the communities were able to access.

Table 4.0 showing results of overall total of family planning services provided in the 3 health centers.

Method	No. of pple attended to		
	Female	Male	Total
People sensitized on family planning	346	104	345
Implanon insertion	69	N/A	69

Implano removal	14	N/A	14
Jadelle insertion	19	N/A	19
Jadelle removal	06	N/A	14
IUD insertion	09	N/A	09
IUD removal	05	N/A	05
Depo provera	29	N/A	29
Progestin only pills	06	N/A	06
Combined Oral Contraceptive	13	N/A	13
Emergency Contraceptive pill	00	N/A	00
Male Condoms distributed	00	5,760	5,760
Female Condoms distributed	156	00	156

3.4 Referral

During the outreach, a total of 13 cases were referred out to Koboko Hospital for further management

No. 4- BEST PRACTICES

- The cancer screening has helped the women in Koboko district a lot as they have not been accessing the service before.
- The approach CENU used to provide holistic SRH and other health services impressed the community as it was the first to give comprehensive service in the area.

- The strong political support given by the woman member of parliament Koboko district and LC111 C/man shows that the leaders are concerned of the health of their people.

No. 5- SUCCESS STORY

Comfort (not her real name) is 36 years old a resident of Dranya Sub County, Koboko District. She is married with 3 children. Comfort visited the Hon. Babadiri health camp organized by CENU in partnership with Reproductive Health Uganda Arua branch on 29 September 2017 at Dranya Health center 111. She revealed to the nurse during counseling that whenever she does work or lift heavy weight, she experience lower abdominal pain associated with bleeding. She could not know what the problem is but she visited a number of health centers without any improvement despite of the treatment she has been getting.

Comfort was then screened for cancer and the nurse found out she has cancer of cervix. Further counseling was provided to her and referred to Koboko Health Center IV for further management.

NO. 6- LESSONS LEARNT

- The high turn up community members to access SRH services implies that people have the will to know about their health when services are brought nearer to them.

- Team work and cooperation is the key for service delivery. This was seen among the health facility staff during the outreach to the 3 health units.
- Due to prevailing poverty in West Nile region, community cannot access services easily if it is not taken near to them.

NO. 7 - CHALLENGES

- There is still a lot of myths on FP among the community due to inadequate information
- In lobule Sub County, there is a high case of sexual transmitted infections due to multiple sexual partners which calls for serious interventions.
- There is high rate of early marriages especially in Lobule Sub County.
- The health workers have not been trained to provide cancer of cervix screening and reversible long term FP method.
- Other service like prostate cancer screening was not done due to stock out of the strips despite high demand for it.

NO. 8- RECOMMENDATIONS

- There is need to train health workers in the district on cervical cancer screening and provision of reversible long term FP methods
- There need to scale up similar activities to other parts of the district so that all people benefit from the services.
- There is need to follow up those who tested positive for supportive counseling.

- There is need reschedule another visit as the demand was high

NO. 9- UPCOMING ACTIVITIES FOR THE MONTH OCTOBER 2017.

- To carry out community a awareness on SRH and other health issues in Koboko district
- Screening of cervical and prostate cancer.
- Provision of modern family planning services
- Provision of HIV/AIDS counseling and testing
- Provision of Hepatitis B counseling and testing.
- To educate and distribute male and female condoms.
- Make Referrals and follow up of HIV/Hepatitis/Cancer positives clients
- Monitoring of activities and Reporting.

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